

What to Know About Blood-Thinners Before Surgery

When preparing for surgery, it is important to stop all medications that could cause excessive bleeding. Blood thinners may lead to serious complications during your surgery as well as during the postoperative phase. There are many well-known medications on the market that work by blocking the blood's ability to form clots and are usually used in patients who have cardiac stents or coronary artery disease. There are also many drugs commonly taken to reduce pain and inflammation that actually exhibit blood-thinning effects as well.

Attached is a list of medications that must be stopped prior to surgery, and below is a worksheet that includes your surgical procedure, date of surgery as well as medications you are currently taking that must be stopped. Since each medication works differently, the exact date to stop taking it will also be provided below according to your actual surgical date.

If you have any questions on whether or not a medication you are taking has a blood thinning effect or if you cannot find your medication on this list and have questions, do not hesitate to give our office a call.

Name: _____

Birth Date: _____

Procedure: _____

Surgical Date: _____

Medication	Date to stop

Aspirin-Containing Products Stop 14 Days Prior To Surgery	NSAIDs (Days Prior To Surgery To Discontinue Therapy)	Miscellaneous Medications (Days Prior To Surgery To Discontinue Therapy)
Acetylsalicylic acid Aggrenox® Alka-Seltzer® Anacin® Arthritis Pain Reliever® Ascriptin® products Aspergum® Aspirin Products Axotal® Baby Aspirin Buffaprin® Cope® Darvon Compound® Darvon Compound 65® Darvon-N Compound® Ecotrin® Empirin® Equagesic® Fiorinal® 4-Way Coldv Genprin® Goody's Headache 4-Way Cold® Halfprin® Lanorinal® Magnaprin® Measurin® Midol Max Strength® Norgesic® Percodan® Powder 4-Way Cold® Robaxisal®	Ibuprofen (1 day) Advil® Bayer Select® Excedrin IB® Haltran® Ibuprin® Medipren® Midol Cramp Formula® Midol IB® Motrin® Nuprin® Pamprin IB® Rufen® Diclofenac (2 days) Arthrotec® Cataflam® Voltaren® Diflunisal (1 day) Dolobid® Etodolac (2 days) Lodine® Fenoprofen (1 day) Nalfon® Flurbiprofen (2 days) Ansaid® Indomethacin (1 day) Indameth® Indocin®	Warfarin (5 days) Coumadin® Clopidogrel (7 days) Plavix® Clopilet® Cilostazol (2 days) Pletal® Prasugrel (7 days) Effient® Heparin (12 hours) Garlic (7 days) Ginkgo (2 days) Ginseng (7 days) St. John's Wort (5 days) Sulfipyrazone (1 day) Anturane® Fish Oil (7 days) Vitamins B and E (7 days) Ticlopidine (7 to 10 days) Ticlid

Aspirin-Containing Products Stop 14 Days Prior To Surgery	NSAIDs (Days Prior To Surgery To Discontinue Therapy)	Miscellaneous Medications (Days Prior To Surgery To Discontinue Therapy)
Roxiprin® Sine-Off® Synalgos® Triaminicin Cold® Trigesic® Ursinus Inlay® Vanquish® Zorprin®	Ketoprofen (2 days) Orudis® Oruvail® Ketorolac (2 days) Toradol® Meclofenamate (2 days) Meclodium® Mefenamic acid (2 days) Ponstel® Meloxicam (4 days) Mobic® Nabumetone (4 to 5 days) Relafen® Naproxen (4 days) Aleve® Anaprox® Naprosyn® Oxaprozin (12 days) Daypro® Piroxicam (14 days) Feldene® Sulindac (1 day) Clinoril®	

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	Tolmetin (2 days) Tolectin® Tolectin DS®	